

24-Hour Health Check for Staff Over 18

To be completed within 24 hours of employee's arrival at Camp Onas

PLEASE BRING THIS FORM WITH YOU ON CHECK-IN DAY – Please do not mail it ahead.

Dear Employee,

Keeping everyone at Camp Onas healthy is important to us, and we need your help to make sure every person arrives at camp healthy and ready to participate fully and care for our campers.

There are a few things that we ask that you do at home before you come to camp:

1. Please examine yourself/ have someone help check you for any indication of head lice. For information on how to do this, visit the Center for Disease Control website: **www.cdc.gov**.
2. Inspect your bedding for any signs of bedbugs. (The CDC also has information on this).
3. Let us know if you have come in contact with any communicable diseases in the two weeks prior to coming to camp.
4. **Please call us before coming to camp on your scheduled arrival day if have had a fever or infectious bug in the last 24 hours.**
5. Please submit your health form by June 1st so our staff has time to review it.
6. Be sure to pack sunscreen and insect repellent; check that the insect repellent is effective against ticks and that you know how to apply both. We recommend pre-treating some of your clothing with permethrin, a long-lasting tick and insect repellent for garments prior to arrival at camp.

Our goal in all this is to keep everyone at camp safe and healthy. We want to be proactive with you in prevention and detection of anything that could hinder our camp community's experience. Thank you for your help.

Please fill out the bottom of this page and bring it with you to camp with you when you arrive for orientation, and again you arrive for your session if there is a break. (Please do not mail it to Camp).

Employee Name _____

Date checked _____

I have checked myself/ gotten help checking and am free of head lice.

Yes

No

If no, date of treatment: _____

I have checked my bedding and it is free of bedbugs.

Yes

Have you been exposed to any known communicable diseases in the last two weeks? If "Yes," please explain:

Yes

No

Have you experienced fever, vomiting, diarrhea, sore throat, coughing, or other symptoms in the past 24 hours? (If yes, please call the Health Center before coming to camp).

Yes

No
