

# Camp Onas Staff Packing List

## BASIC ITEMS YOU WILL NEED

- underwear
- socks-lots of these (long and short)
- shorts
- pants, sweats or jeans \*
- shirts (2-3 long sleeve tops also)\*
- jacket, sweatshirt, or fleece\*
- bathing suits-it's nice to have 2+
- pajamas (or whatever you sleep in)
- towels for swimming and showering
- toiletries



*\*We recommend you bring some long-sleeve/ long pant clothes pre-treated with permethrin, a long-lasting tick and insect repellent for clothing. Use these clothes in the woods, on the pioneer, etc.*

Note: Staff have access to laundry machines and detergent.

## MAKE SURE YOU HAVE

two pairs of sneakers or sturdy shoes- Staff are not allowed to wear sandals or moccasins/ Toms/ etc. while working or leading active activities.

- raingear
- flip-flops/ shower shoes
- laundry bag-MARK IT WITH YOUR NAME
- flashlight
- insect repellent and sun block
- insurance information



Camp Aides need a good alarm clock – you will not be allowed to use your phone as your alarm clock.

## FOR SLEEPING

For health and comfort reasons, please use sheets and blankets for in-camp use. Sleeping bags will be used for the "overnight".

- 2 sets of sheets
- 2 heavy blankets
- pillow and pillow case
- sleeping bag (can serve as 1 of the blankets)

## ADDITIONAL SUGGESTIONS

- musical instrument
- baseball glove/ lax stick
- clothing for special staff functions and the dances
- camera
- hat or cap – only clean hats may be worn by Camp Aides in the kitchen
- Hiking boots and backpacks for pioneer staff
- Bandana - needed for camp games



Sneakers or sturdy, closed-toed shoes are worn during activity periods and any time you are working. Only sandals with thick soles and ankle straps are allowed to be worn around camp during non-activity times. **Flip-flops may only be worn to the pool and shower house.**

## THE CAMP STORE

Postcards, stationery, stamps, pens, pencils, small toiletries, flashlights and batteries are available at the camp store. You will be charged for these items as a deduction on your paycheck.

## NOT ALLOWED IN LIVING UNITS:

- CELL PHONE OR ANY Wi-Fi DEVICE
- ELECTRONIC GAMES and DEVICES
- FOOD, CANDY, GUM
- SKATEBOARDS/ROLLERBLADES
- WEAPONS
- VALUABLES or HAZARDOUS ITEMS
- CANDLES
- LIGHTERS
- AEROSOL CANS – May be kept out of camper reach
- MEDICATIONS OF ANY KIND\*

\*All prescription and over-the-counter medications must be given to the nurse/ kept in the infirmary. You are not permitted to have most medications in your bunk, due to the danger they could present to curious campers.

Most over-the-counter medications are available from the infirmary, please only bring ones you take daily (i.e. Zyrtec, Claritin, etc.), or medications we may not stock. Contact Matt if you have questions or are unsure. [matt@camponas.org](mailto:matt@camponas.org)

## PACK YOUR THINGS IN

- Camp trunk
  - Suitcase
  - Duffel Bag
  - Large zippered sports bag
  - Crates
- Staff may bring an additional bedside stand/ shelf/ crates.
- Note: There is limited space in the sleeping units. Your things may need to be stored under your bunk.**

## MOST IMPORTANT!!!

**MARK ALL YOUR CLOTHING AND BELONGINGS WITH YOUR NAME IN INDELIBLE INK.**

A fine point permanent marker or laundry pen works well.

